



Super U! Challenge – School Assembly Classroom Guide

Program Overview:

The Super U! Challenge is an interactive show that is designed to capture the feel of family television game shows, such as “Minute To Win It” and the classic Nickelodeon show, “Double Dare”. During the program, students from the audience will be invited to participate in fun challenges using costumes, funny props, and even some SLIME!

Each challenge in the show is based around positive behavior / character building traits that promote respecting others, building trust, and choosing words and actions. The overall theme of the show is that kids have the ability to make choices that contribute to making the school great, strengthen friendships and stop bullying behavior.

The performance runs 40-45 minutes. More information / video at: <http://www.superuchallenge.com>

Specific Program Messages:

- We all have the “super power” to choose our words and actions. When we are careful to make good choices, it is like becoming our own “personal super hero”.
- Respect and kindness is something that you have to pass on. You have to give respect to get respect and show kindness for people to show you kindness.
- Trust is something that you have to build between your friends, classmates, teachers and family members. Trust takes a long time to build, but it can easily be damaged.
- Joking around with a classmate is okay, but if someone asks us to stop doing something or saying something, we need to listen and respect their request.

Seating Notes:

If the audience is sitting on the floor, **there will need to be an aisle down the middle of the audience**. There will be markers on the floor indicating the aisle when you come into the program.

The aisle will serve as a walkway, and also as a way to divide the audience into teams. In order to keep the teams as even as possible, **classrooms of the same grade level should try to be evenly distributed on both sides of the aisle**. We want to avoid having all the younger kids on one side and all the older kids on the other side.

If the audience is sitting in bleachers, we will try to distribute classrooms as evenly as possible on the right and left sides of the bleachers.

A presenter will be greeting classrooms as they come in to assist with seating, if needed.

Classroom Discussions

- What are some ways that you can build trust between your friends? What are things that you could do that would damage trust or damage a friendship? When trust gets damaged, how would you work to rebuild it?
- We all like to be treated with respect. What are some things people might say or do that makes us feel good? What can we do to “pass on” the same respect and kindness to make others feel good?
- Why is important to stop saying or doing something to someone if they ask us to?

Classroom Activity #1: Create Your Super Hero Identity

Have students draw a picture of themselves as a super hero. Then, have them give themselves a super hero name, and identify some of their “super powers” (positive behavior / character choices) that they can use to make the school a great place and be respectful towards others.

Classroom Activity #2: Make Your Own Slime

The “slime” finale in the Super U! Challenge is something that students will definitely be talking about. Below is a recipe to make your own “classroom friendly” slime. It is a fun reward activity (and cool science demonstration) and also a way to continue discussions about the messages that were tied to the “slime” finale in the show.

Supplies:

- ✓ Elmer's glue (or a white children’s craft glue)
- ✓ 2 disposable cups (8oz drinking cups. Clear plastic work well, as kids can see what is happening)
- ✓ Green food coloring
- ✓ Water
- ✓ Borax Powder (available in the laundry aisle or most large grocery stores)
- ✓ A plastic spoon (for stirring the mixture)
- ✓ A tablespoon (for measuring)

Making The Slime:

1. Fill one small cup with water and add a spoonful of the Borax powder and stir it up until dissolved.
2. Fill the other cup with the approximately 1 inch of the white glue.
3. Add three tablespoons of water and a few drops of food coloring to the glue and stir until mixed.
4. Add one tablespoon of the dissolved Borax solution, and stir well. As you stir the slime will begin to form and stick to the spoon. Adding more Borax will make slime firmer (more like silly putty)
5. After the slime forms let it sit for about 30 seconds and then pull it off the spoon and play with it!

If allowing students to make their own slime, exercise caution with the Borax. The powder and dissolved solution can burn your eyes. Keep slime away from carpet 😊

Super U! Challenge is part of Midwest School Shows. Learn more at www.midwestschoolshows.com

© 2012 Midwest School Shows. Only for use and duplication by schools that have scheduled the Super U! Challenge program.